

Days of Christmas Holiday Hunger Facts

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At least 65,000 children are at risk of holiday hunger in Wales because their free school meals stop in the holidays

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There are 170 non-school days in the year where Free School Meal (FSM) pupils can't access their entitlement to a school lunch

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It costs parents who usually rely on free school meals £30-40 a week extra to feed a single child outside of term time

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Children of families who are working in low-paid jobs are at risk of holiday hunger too. A week of holiday childcare costs an average of £124.23

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4% of families with children frequently run out of food, compared to 1% of households without children

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Over a third of all food distributed by the Trussell Trust goes to children, with demand increasing during the school holidays

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In July 2017, a foodbank in Swansea ran out of food due to holiday hunger

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The Welsh Government's 'Food and Fun' schemes have places for less than 4% of children at risk of hunger

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Nearly 1 in 5 children (17%) spend most of the day in school holidays either in bed or on the sofa when not at a Food and Fun scheme

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A significant proportion of teachers and school staff notice children returning to school hungry on the first day after the holidays

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It can take a child who's had a poor diet over the holidays 6 weeks to be ready to re-engage with school

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The Welsh Government's expenditure on the School Holiday Enrichment Programme (£500,000 a year) is equivalent to 21p per adult in Wales (calculated as £500,000 divided by 2,283,821 people aged 16+)

Download this infographic and view fact sources at:

bevanfoundation.org/news/2018/12-days-of-holiday-hunger-facts